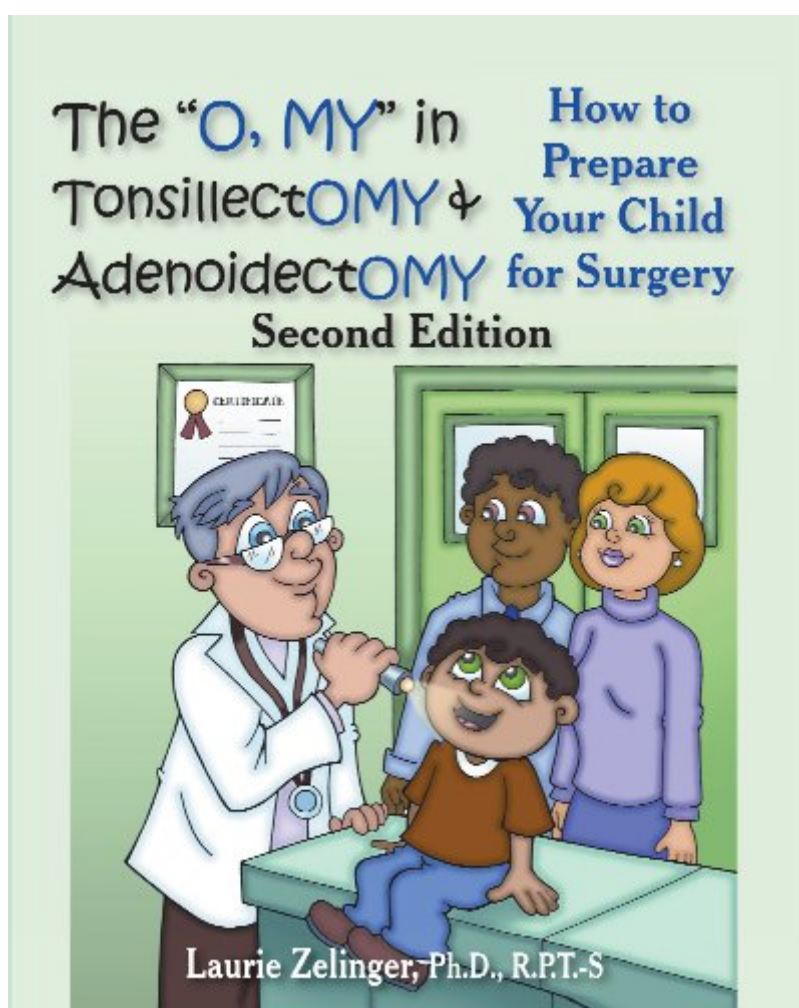


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# The "O, MY" In Tonsillectomy & Adenoidectomy: How To Prepare Your Child For Surgery, A Parent's Manual (Growing With Love)



## Synopsis

More than 200,000 tonsillectomies and adenoidectomies will be performed on children this year. Will you be ready? The new 2nd Edition of this bestselling book helps parents understand and organize the necessary medical and emotional components that accompany their child's surgery. In an easy to follow timeline for events prior to and following a tonsillectomy or adenoidectomy, the author provides reassuring and accurate guidance that eases the process for the patient and family.

Parents with this book will:

- Get the facts about tonsils and adenoids in simple terms
- Reduce your own anxiety about surgery
- Learn how to support your child through the medical and emotional events surrounding the procedure
- Take away the mystery regarding what to say to your child
- Discover the sequence of events leading up to surgery and how to prepare for them.
- Find out what you need to have at home while your child recuperates
- Become confident in knowing that you have maximized your child's comfort and adjustment during the weeks surrounding surgery
- Recognize symptoms of possible complications and take action

Professionals and Parents Praise Laurie Zelinger's Book "In over 40 years as a practicing Pediatrician, this is the most practical, down to earth and informative approach to the impending parent-child-hospital experience with a T&A that has come to my attention." --Philip S. Steinfeld, MD, FAAP "My son's recovery period was enhanced by advice from the manual, and thanks to Dr. Laurie, the bonding experience it created almost cancelled out the discomfort. He is now a strep-free, healthy boy!" --Rachayle Salzberg (parent) "...a valuable guide for parents intending to provide emotional preparation and support to a child about to undergo a surgical procedure." --Richard H. Wexler, PhD President, New York State Psychological Association (2008) "This book is a great tool to help you understand what will be happening to your child, why they are performing the surgery, and what you need to know to be better prepared in caring for your child after the surgery is performed" --Danielle Drake for Reader Views Learn more at [www.DrZelinger.com](http://www.DrZelinger.com) Book #4 in the Growing With Love Series from Loving Healing Press [www.LovingHealing.com](http://www.LovingHealing.com) MED016050 Medical : Dentistry - Oral Surgery HEA046000 Health & Fitness : Children's Health FAM502000 Family & Relationships : Health - General --This text refers to the Hardcover edition.

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## Customer Reviews

Our son was not quite 3 and had been suffering from chronic tonsillitis for over 2 years when the decision was made to take them out. He was generally good at doing things if he had been talked through them so I asked our Dr if there was a book to help him prepare for the operation, but he didn't know of any. I found this book on .com and even though we only had 1 week to prepare him for the operation it was worth the international shipping to get it delivered. I had thought the book would be a story for us to read but it is more for the parent book to read. It does have pictures so you can "read it" to them. What I liked most was that it covers all aspects of the operation, and I found being reminded of the small details (such as wearing a gown, the cold operating table and the machines in the operation theatre) were things which I would not ordinarily have thought to tell my son. He had so many questions, "why do they need to be taken out?", "where to they go once they have been taken out?". This book help me have the answer to those questions and the confidence to answer many others. He was fantastic, the model patient especially after speaking with other parents I whose children had freaked out and kicked and screamed before theirs (even some who were older). He was cracking jokes with the nurses while waiting to go in and sat quietly on my lap when they administered the gas to knock him out before giving the GA. I have passed this book onto our daycare so other parents in the same situation as us. I also took it to our ENT who was very impressed and now has copies for his patients.

This book is very short, more of a pamphlet. Has some good suggestions for how to prepare young children for a hospital visit and surgery. We found it very valuable in getting our nearly 3 year old ready for a tonsillectomy. I don't love the book, but the information was very useful and we appreciated the short format. It was also unique in the marketplace, so I am giving it 5 stars.

This might be better for the parents of a younger child. My son is having his tonsillectomy late, at 8. By this time I have pretty much identified his anxieties and have been able to address them. The pre-op checklist is nice, but a bit extensive for most. She does give good advice in regard to what clothes to bring (button-front shirts, to avoid having to pull shirts over a sore neck) and having a bag in the trunk in case your child is kept overnight for observation. Our surgeon works out of a children's hospital, which offers a pre-op tour of the surgery area; the childlife educator was great at explaining what was going to take place, and I could see my son start to relax over the course of the tour. This tour was part of what made the book redundant for me. The book would probably be more useful for parents of children who are having surgery at a place that primarily does adults and doesn't have this kind of program.

I was rather disappointed. I thought it would be written on a child's level with many more pictures. It was helpful to parents, but not something you can sit down and show your child. Just more for adults.

My just turned 3 yr old was scheduled for this and I found this book. I'm so happy I bought it! It really gave her the heads up on what to expect(me too)! I definitely recommend this for any family who is about to have the procedure! It's been two weeks now since shes had the procedure and she still likes to look at the book and put her experience into her words on certain pages!

This was very helpful for us to prepare for my sons surgery- especially things we would not have thought of such as a button front shirt to wear on the way home, cutting the straws so they are easier to use, having a container to vomit in in the car etc.

This book was very helpful, especially the checklist. It helped us explain the procedure to our 5-year old. I feel that we were better prepared after having read this book.

A few helpful items but nothing exceptional. I was a little disappointed. I wouldn't bother with buying

the book just look online for some information.

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